



## The 3 Biggest Secrets for Fixing Broken Digestion, Metabolism and Health

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### Indigestion Is an Epidemic

- 95 MILLION Americans suffer from an identifiable digestive issue
- 74% of Americans live with daily GI discomfort
- 12% of emergency hospital visits are due to digestive issues

### The ABC's of Digestive Dysfunction

- Acid Reflux/GERD
- Bloating and Gas
- Constipation/Diarrhea



## The 3 Lifestyle Antidotes

Diet/Hydration

Exercise

Fasting

**(Remember this as A-B-C-D-E-F)**

## The 3 Most Effective Supplements For Restoring Digestion:

Cultured Enzymes

Advanced Probiotics

Balanced HCL

## You must solve:

The Probiotics Dilemma

The Enzymes Dilemma

The Hydrochloric Acid Dilemma



# The Probiotics Dilemma

**Myth:**

The More Strains the Better Another

**Myth:**

The More CFU or total bacteria count, the Better.

**Myth:**

Probiotics **MUST** be refrigerated

**Here are some inexpensive or FREE,  
researched-backed ways to help your  
patients or clients maximize their  
healthy probiotic levels:**

Eat a diverse range of foods

Consume more natural fiber

Eliminate artificial sweeteners

Practice intermittent fasting

Use a proven transient **SINGLE** strain proven to  
eliminate the bad guys



## The Enzymes Dilemma

Enzymes are like the workers, they break down our food.

Humans are the only animal that cooks its food.

Which means enzymes begin depleting rapidly with age.

Lack of enzymes and poor digestion can lead to feeling like “Thanksgiving hangover” — after every meal.

## The Hydrochloric Acid Dilemma

Stomach acid, also referred to as gastric acid, is essential for the digestive process.

When the stomach cannot produce enough acid, key minerals, and proteins can't be absorbed into this body.

Hydrochloric acid (or HCL) helps your body to break down, digest, and absorb nutrients — especially carbs and protein.



**When you solve these dilemmas via the right foods and supplements, your digestion and entire health transforms.**

**To learn more about solving these dilemmas and the 3 best nutritional secrets for solving them, we encourage you to come to our booth #431.**

**Visit: [www.biooptimizers.ca](http://www.biooptimizers.ca)  
Email: [support@biooptimizers.com](mailto:support@biooptimizers.com)  
Call: 1-800-719-2467**



### MassZymes

MassZymes is the leading digestive enzyme in the market. It includes 17 enzymes, and more rotease per capsule (100,000 HUTs of protease per capsule) than any other digestive enzyme.



### P3-OM

A powerful, single-strain probiotic, P3-OM is formulated by a patented process that dramatically enhances L. Plantarum—the highly researched strain found in cultured foods. The result is a “super strain” that helps with protein digestion and protects against pathogens (bad bacteria).



### HCL Breakthrough

Many digestive issues—including heartburn, gas, and acid reflux—are caused by a LACK of hydrochloric acid. HCL Breakthrough is a plant-based form of this critical nutrient, helping restore proper digestion, especially of carbs and protein.



### Gluten Guardian

Gluten Guardian is specifically designed to support digestive issues relating to foods containing gluten or casein. The potent DPP-IV helps break down gluten into usable amino acids.



### **NEW!** kApex

kApex is a breakthrough in ketogenic digestion and energy production. It uses a combination of lipase enzymes and mitochondria-activating nutrients to optimize digestion of fats, fat utilization and fat mobilization. It leads to more energy and better metabolism you can feel.



### **NEW!** Herbal Parasite Cleanse

A precise blend of 13 proven plant extracts, plus 5 digestive enzymes, designed to help kill and eliminate parasites, fungal infections, and viruses from the body.

Enter promo code **CANFITPRO** at checkout  
\*Offer expires August 18th at midnight

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